TWU-USW EMPLOYEE LIFE AND HEALTH PLAN (ELHP) (Life Insurance & Survivor Income Benefits) **DESIGNATION OF BENEFICIARY / OR CHANGE (Quebec only)**

By completing this form, you are asking the TWU-USW Employee Life and Health Plan (ELHP) to appoint the following

person(s) as your Beneficiary or change the information you previously provided. Any previous, revocable Beneficiary(s
designated or Trustee appointment is revoked. For a previous, irrevocable Beneficiary(s), please see Section 7.
Section 1

MEMBER'S SURNAME:		EMPLOYEE ID	EMPLOYEE ID#:		
(PLEASE PRINT) GIVEN NAME(S): (IN FULL)		DATE OF BIRT	DATE OF BIRTH: DD MM YR		
PREVIOUS NAME: (ONLY IF APPLICABLE)		SEX: MALE	E □ F.	EMALE	
ADDRESS:					
CITY/PROV.:		POSTAL CODE	POSTAL CODE:		
IOME PHONE: WORK OR CELL PHONE:		E: EMAIL ADDRI	EMAIL ADDRESS:		
IMPORTANT INFORMATION: Please Designation.				·	
Section 2 : I, the above named Member, her For policies issued in BC or Quebec only: I irrevocable unless you select Revocable.				Revocable Initial:	
Beneficiary names(s) (first, middle initial, surname):		Relationsh	nip:	Share (total 100%)	
Section 3: I, the above named Member, he For policies issued in BC or Quebec only: I irrevocable unless you select Revocable.				Benefits: Revocable □ Initial:	
Beneficiary names(s) (first, middle initial, surname):		Relationsh	nip:	Share (total 100%)	
named Member, hereby appoint a Contingent Beneficiary for Group Life of For policies issued in BC or Quebec only: If you named your spouse as a Be irrevocable unless you select Revocable. Beneficiary names(s) (first, middle initial, surname):				Revocable Initial: Share (total 100%)	
Section 5: (Optional) In the event the Survabove named Member, hereby appoint a Co				r date of death, I, the	
For policies issued in BC or Quebec only: If you named your spouse as a Benirrevocable unless you select Revocable.				Revocable Initial:	
Beneficiary names(s) (first, midd	Beneficiary names(s) (first, middle initial, surname):		ip:	Share (total 100%)	
Section 6: Complete the following section is becomes payable to a minor child will be payable to a minor child will be payable.					
Beneficiary names(s) (first, middle initial,	Tutor(s) names(s) (first, middle initial, surname) or Name of Trust (evidence of valid Trust will be required):			Relationship of Tutor(s) to Beneficiar	
Section 7: By signing this form, you revoke and direct those benefits to be paid to the B Member's Signature:			Date: Di		
By signing the following box, you, the irrev	vocable Beneficiary, consent t	o the above change in fl			
this form and relinquish your rights as a Be	neficiary.				
Signature of irrevocable Beneficiary, if ap	ppncaoie: Signati	are of Witness:	Date: Di		
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DEFINITIONS AND INSTRUCTIONS (Quebec only)

There are two benefits payable upon the death of a Member: a Lump-Sum Life Insurance Benefit and a Survivor Income Benefit (SIB). These benefits are described in the Plan booklet and can be found on the Plan's website at www.twplans.com or you can contact the Benefits office at 604-430-3300 or toll-free at 1-877-430-3302 and request that a copy be sent to you.

Beneficiary Designation:

Beneficiaries (other than your spouse under a British Columbia and Quebec policy) are revocable unless you write the word "irrevocable" after the Beneficiary's name.

When you complete this form, all previous Beneficiary designations and Trustee appointments are revoked unless they are irrevocable. If you change a Beneficiary but still want to leave a previous designation intact, you must complete their name(s) again on this form.

For benefits issued in British Columbia or Quebec: If you name your spouse as a Beneficiary, the designation is irrevocable unless you place a check mark in the box marked Revocable.

If you have an irrevocable Beneficiary, you cannot change your designation without the written consent from this appointed Beneficiary. Written consent can be provided at the time you are changing your Beneficiary designation by having the irrevocable Beneficiary sign the Beneficiary Designation form.

You can name a Secondary Beneficiary in the event of the death of a designated Beneficiary by writing the word "Secondary" beside their name. The Secondary Beneficiary would only be entitled to a benefit if the primary designated Beneficiary(s) is not alive at your date of death.

Minors (under age 18) cannot legally receive the benefits payable. Benefits payable under this Plan to a Beneficiary who, at the time payment is made, is a minor or lacks legal capacity, will be paid to his/her tutor(s) unless a valid Trust has been established for the benefit of the Beneficiary, by a Will or by a separate contract, to receive such payment and the Plan has been provided notice of the Trust. If a valid Trust has been established, designate the Trust as the Beneficiary. Before designating a Trust, you should seek legal

Please note: If a Member designates, alters or revokes Beneficiaries at any time prior to their death in the form of a signed, written declaration, the proof must be submitted for review before any benefits will be paid. This includes Wills, Court Orders, and Separation Agreements.

Instructions for completing this form:

- Complete your personal information including your Employee ID number so that we can identify you. Section 1
- Section 2 Complete your designated Beneficiary(s) information for the Life Insurance Benefit. Please make sure that you have read the above information regarding Beneficiary Designation prior to completing this section.
- Complete your designated Beneficiary(s) for the Survivor Income Benefit. Please make sure that you have read the above Section 3 information regarding Beneficiary Designation prior to completing this section.
- Optional. Only complete this section if you wish to name a Contingent Beneficiary for Group Life Insurance in the event Section 4 of death of one of your Designated Beneficiaries. If no Contingent Beneficiary is named, the death benefit will be shared by the surviving Beneficiaries or your Estate if only one Beneficiary was designated.
- Optional. Only complete this section if you wish to name a Contingent Beneficiary for Survivor Income benefit in the Section 5 event of death of one of your Designated Beneficiaries. If no Contingent Beneficiary is named, the death benefit will be shared by the surviving Beneficiaries or your Estate if only one Beneficiary was designated.
- Complete this section only if you have named a minor child as a Beneficiary. You must complete this information Section 6 including the Name of the Tutor(s) responsible for the minor child or the Name of the Trust along with evidence that it is a valid trust.
- Section 7 Sign and date this form. If you are changing an irrevocable Beneficiary, this Beneficiary must consent to the change by signing and dating the form and having the form witnessed by someone other than the Member before it will become effective